

TISDALE RESOURCES ANNOUNCES ADDITIONS TO BOARD OF DIRECTORS

March 23, 2022 - Vancouver, British Columbia - Tisdale Resources Corp. (the "Company") (TSXV: TRC) is pleased to announce that effective immediately Allan Larmour and Andrew Brown have joined the board of directors of the Company.

Mr. Larmour is a serial entrepreneur with extensive experience in Fortune 500 companies, start-ups, international sales and business development, and executive management. He has managed several technology companies to three successful exits. Mr. Larmour also consults to start-up companies, along with raising capital and providing strategic planning for marketing, sales, channel development and product direction. Mr. Larmour has been the CEO and Director of several public companies in the technology and mining sectors, and is the former CEO and a current director of Norsemont Mining and former CEO of Cloud Nine Web3 Technologies.

Mr. Brown is president of Lions Corporate Secretarial Services Ltd., a full-service corporate secretarial group that provides corporate secretarial and corporate governance services for public companies including SEDI, SEDAR, corporate finance and regulatory reporting. Mr. Brown has over 12 years of experience working in the public markets and has served as an executive officer of several TSX Venture and Canadian Securities Exchange listed issuers amongst various sectors, including technology, agricultural, mining and resources.

Messrs. Larmour and Brown fill the vacancies created by Richard Ko and Peter Born, both of whom have resigned from the board of directors. Mr. Ko will continue with the Company as Chief Financial Officer.

In connection with their appointments, each of Messrs. Larmour and Brown have been granted 100,000 incentive stock options (the "Options"). The Options are exercisable at a price of \$0.335 until March 23, 2027, with one half of the Options vesting immediately and the balance vesting after six months.

For further information, contact Alex Klenman at info@tisdaleresources.com.

On behalf of the Board,
Tisdale Resources Corp.
Alex Klenman, Chief Executive Officer

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assumptions and estimates that, while considered reasonable by the Company, are inherently subject to significant business, economic, competitive, political and social risks, contingencies and uncertainties. Many factors, both known and unknown, could cause results, performance or achievements to be materially different from the results, performance or achievements that are or may be expressed or implied by such forward-looking statements. The Company does not intend, and does not assume any obligation, to update these forward-looking statements or information to reflect changes in assumptions or changes in circumstances or any other events affecting such statements and information other than as required by applicable laws, rules and regulations.